**Grieving Through the Holidays**

This time of year can be heartbreaking when you’re missing a loved one.

*Attend one session*

*or multiple sessions.*

**Mondays**

7:00 – 8:30 PM

October 14

November 11

December 9

January 13

via ZOOM

 **Learn why the holidays are so hard**

 **Be part of a supportive community**

 **For anyone – your loss can be recent or older**



 Registration Requested:

 www.janeoborski.org

 ~or~ **570-494-0241** led by Rev. Jane L. O’Borski